

# HUGS NEWS



## President:

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## A Letter from the President



Dear HUGABLES:

This has been a remarkable summer with new developments faster than the usual speed of time. The retirement of Ann and Bob Nunley from their administrative positions officially took place at graduation on September 11—an interesting synchronicity. They will, of course, continue teaching and helping promote HUGS.

This change in HUGS organization is off to an impressive rebirthing experience. Martina Steiger assumed the position as Dean of Faculty, with great skill. She and I worked well together at our first Executive meeting and implemented a number of very helpful and creative changes.

The biggest change is the reduction in the Core requirements, leading to much more flexibility in the electives available.

We also have added courses in Brain Management (the terrific course for photographic reading/learning) and Evolutionary Astrology. In the spring Caroline Myss will rejoin the faculty with *Introduction to Medical Intuition*. We graduated seven students, including our dear Registrar, Vera. We added seven new doctoral students and, at last count, seven Certificate Track students. We have approximately 75 students enrolled at this time.

Cindy Reed received not only her Th.D. but was the first to receive a Ph.D. in Energy Medicine from UUHS. Karin Cremasco, chair of *Strategic Planning* is actively working with Martina and Bob Nunley on recruitment and accreditation. Julie Penick has volunteered to chair a sub-committee for recruitment. Paul Hunt, Ph.D., a Methodist minister and Pastoral Counselor has joined the Board of Trustees of HUGS.

In December, Tarcher/Penguin will release my new book, *LIFE BEYOND 100—SECRETS OF THE FOUNTAIN OF YOUTH*. I'll be on the move between now and the March 2006 Graduation promoting both the book and our graduate program.

Enjoy the beautiful fall and work with us to expand and promote our innovative graduate program at HUGS.

## University Activities

### GRADUATION & ORDINATION



#### Norm and Ann share a moment filled with both joy and sadness:

As part of the Graduation Ceremony Ann and Bob Nunley were honored for their contributions to the founding of HUGS. They have chosen to retire from their positions of Provost and Dean of Faculty and Academic Affairs so that they might have more time to concentrate their attention on the courses they teach, on other HUGS activities such as promotion and accreditation, on personal creative activities, and on family.

The presentation provided some emotional moments for all.



#### Norm reads to Bob:

The Board of Trustees of Holos University Graduate Seminary Honors Bob Nunley Founding Dean of Faculty and Academic Affairs, 2000-2005. For dedicated service to HUGS' Faculty, Staff, and Students.

A lovely stained glass window was anonymously donated in Ann and Bob's name. It hangs as a side light to the main entry of the HUGS building.



***FACULTY AND GRADUATES, 2005 - DOCTORS ALL***

***Back Row - left to right:*** Ann Nunley, Martina Steiger, Cynthia Reed, Shannon South, Patricia Bechdolt, Norm Shealy, Vera Borgmeyer, Charlene Bradshaw, and Bob Nunley

***Front Row - left to right:*** Berney Williams, Caroline Faivre, Patricia Norris, and Karin Cremasco.  
Our heartfelt congratulations!

***GRADUATING BUT UNABLE TO BE PRESENT:***

Gabrielle Dunn: Gabby is our first student to graduate from the newly established Masters Essay program. Her Masters Essay is entitled, *Astrology's Relevance as a Modern Day Spiritual Counseling Tool*. Congratulations Gabby!

Nancy Garrison: The title of Nancy's dissertation is: *The Effect of Reiki On the Level of Free Radicals*. The difference between the intervention group and the control group showed statistical significance at the level of .0001. The change in anxiety levels as measured by the STAI was also highly significant statistically.



***OUR REGISTRAR, VERA BORGMEYER GRADUATES!  
HOORAY!***



### *ORDINATION CELEBRATION, 2005*

Newly ordained ministers: Vera Borgmeyer, Th.D., Cynthia Reed, Th.D., Shannon South, Th.D., Andrea Patterson, Th.D., Patricia Bechdolt, Th.D., Charlene Bradshaw, Th.D.

Supporting Ministers: Patricia Norris, Ph.D., Caroline Faivre, Th.D., Norm Shealy, M.D., Ph.D., Ann Nunley, Ph.D., Bob Nunley, Ph.D., and Karin Cremasco, Ph.D., Th.D.

### *OFFICIAL BAPTISM*

The ordination ceremony and celebration took place in our beautiful candlelit chapel. This year we were blessed with our first official Baptism.



Dr. Shealy and Dr. Borgmeyer conduct the ceremony to baptize Shannon and Seay's beautiful daughter, Leah. All who were present felt blessed by this event!

***WE ALWAYS WELCOME ALL OF OUR FACULTY AND STUDENTS TO ATTEND THESE GRADUATION-ORDINATION CELEBRATIONS. THEY ARE AN INSPIRATION!***

## University Activities

### RESIDENTIAL CLASSES -ORP

The new student orientation (ORP) was a grand success attended by seven vibrant new students.



**Back Row, left to right:** Debby Pratt, Kenjiro Tsubono, Pat Norris, Norm Shealy, Vera Borgmeyer, Brad Masters, Diane Masters, and Melody Maeyens. **Front Row, left to right:** Caroline Faivre, Marsha Modenhauer, Martina Steiger, Karin Cremasco, and Atul Kohli.



Computer Education at the ORP - new students learn to deal with cyberspace!



### *NEW DEAN OF FACULTY AND ACADEMIC AFFAIRS*

**Martina Steiger, Th.D.** has assumed the role of Dean of Faculty and Academic Affairs. She is off to a roaring start and we are all pleased with the transition. Welcome Martina! More in the next Newsletter.

### *NEW VICE PRESIDENT AND PROVOST*

**Claire Francomano, MD**, will assume the duties of Vice President and Provost. Claire is a wonderful person with many talents. She is slated to become president of HUGS in 2008 when Norm retires from his administrative duties. Ann joyfully welcomes a soul sister and another Pisces native to assume her duties as Provost.

### *HUGS CYBERBUDDIES CHAT REMINDER*



Wednesday Afternoon Evening Holos Cyberbuddies Chat on Yahoo Instant Messenger (5:00 PM Pacific, 6:00 Mountain, 7:00 Central, 8:00 Eastern, 9:00 Atlantic time for 1 hour.) We are having a marvelous time on the Holos Cyberbuddies Chat. There are almost 50 students and five-faculty who have yahoo addresses. We have six to ten different participants on most Wednesdays. We hope that you will be able to join us. It is a great way to keep in touch with other Holos students! Feel free to invite prospective students as a guest!

How to join us: Just follow these easy Step by Step Basic Yahoo instructions:

- 1). Go to [www.yahoo.com](http://www.yahoo.com) 2) Go to "Messenger"
- 2). Go to "New User? Sign Up" You will need to download Yahoo Messenger
- 3). Follow the directions. Please choose a Yahoo ID that has some indication of your name, so others will recognize who you are.  
(i.e. [karinhugs875](#) instead of [balancewell](#).)

Do not include any of your private information, i.e. name, address etc. on any messenger profile, for your protection and privacy.)

- 4). When you are signed in to Yahoo messenger, then invite me as a Friend. To Invite a Friend click on "Add" in the top of your messenger box.

Type in Yahoo ID of person you want to be friends with. (The person's Email address will work but it is not instant.) My Yahoo ID is [karinhugs875](#)

### *NEW 2006 COURSES ADDED*

**Brain Management**--the photo memory course with **Martina Steiger**--April 8-11, here at HUGS

**Introduction to Medical Intuition** with **Caroline Myss**. in Chicago, dates to be decided

**Evolutionary Astrology** with **Patricia Bechdolt**, April 2-3, just before Modern Mysticism and Holistic Theology, here at HUGS

Also, **Marjorie Russell's** course, **Cosmic Light Networking** will take place June 18-21 in Quebec, Canada.

## personal and professional news

### GRADUATES MAKE A DIFFERENCE IN THE WORLD

Margaret Mazvita Machinga (CST Grad. 6/05) and HUGS faculty member, **Sue Beck** (CST Grad/ 6/05, ETSC grad. 5/04) have been called to organize an ecumenical workshop for pastors and caregivers who work with children who have been affected by HIV/AIDS in Manicaland Province of Zimbabwe. Zimbabwe is one of the Sub-Saharan countries hard hit by the HIV and AIDS pandemic, with 35% of the population infected and at least 3,000 people dying weekly from AIDS related illnesses. The disease has wrecked havoc across Zimbabwe and nearly every household has been touched or affected. Most children have been left without caregivers and the children often have to care for each other at home after their parents die. This makes them more vulnerable for abuse and neglect. Almost one million children in Zimbabwe have lost one or both parents to AIDS, so they are faced with extreme poverty and are forced to look after themselves. It's little wonder many children have dropped out of school and are emotionally disturbed. The objective of our week long workshop is to equip pastors, church leaders, and caregivers of orphanages with skills on how they can effectively help these children in crisis. We have no doubt that the impact of these crisis could be reduced if a compassionate, knowledgeable pastor or caregiver intervenes.

We are aware that Botswana has just erected a 300 mile electrified fence to keep poor people from migrating out of Zimbabwe, so community efforts must be encouraged to stem the tide of poverty and death creeping through the poor neighborhoods of Zimbabwe.

We are kindly requesting for your assistance in supporting this workshop grass roots effort with your prayers and financial donations so that the needs of this workshop can be met. Checks are made payable to St. John the Divine and mailed in care of Sue Beck, 5692 Vallecito AVenue, Westminster, CA 92683. Thank you

### BOOKS AND PRESENTATIONS

HUGS faculty member **Judith Cornell's** new kit on Mandala Healing has been released by Sounds True. SoundsTrue will have an exclusive rights to distribute the set until February. Then it will be released into mainstream bookstores. Congratulations Judith! We are so blessed to have you on our faculty!



HUGS graduate, **Dawson Church**, will be presenting at the American Association for Pre- & Perinatal Psychology and Health (APPPAH, see <http://www.birthpsychology.com>) in November of 2005. His presentation is based on his classic book, revised and updated earlier this year, called Communing With the Spirit of Your Unborn Child (<http://www.Communing.com>). He will also be presenting at the Taos Writer's Conference, the San Francisco Writer's Conference, and the Visionary Writer's Group, as well as other conferences, in 2006 (<http://www.DawsonChurch.com>). He produced and distributed Bruce Lipton's new book The Biology of Belief, which hit the best-seller lists in June and is still going strong, as well as books for several other authors (<http://www.AuthorsPublishing.com>).

Graduate **Margaret Clinch**, Director of the Trinity Center of Dallas, Texas will present a workshop October 15th and 16th entitled, Awakening to Your Inner Voice. The co-facilitator is Dr. Mary Anderson, Director of the Cardinal Center for Healing.

As editor I invite all students, faculty, graduates, and staff to make contributions to this newsletter. The letters purpose is to keep all of us informed about activities that relate to the HUGS community. You can send your contributions for the upcoming Winter edition at any time! Deadlines are listed in the side bar.

Send to:  
[ann4847@earthlink.net](mailto:ann4847@earthlink.net)



*Thanks to Barbara Haydon for this great picture!*

### **I Keep the Promise**

*I Shall keep the promise that I have made to myself.  
 I shall never again tell myself that I am poor, sick weak nor unhappy.  
 I shall not lie to myself any more, but shall daily  
 speak the Truth to my inner Soul,  
 Telling It that It is wonderful and marvelous: that It is One with the  
 Great Cause of all Life, Truth, Power and Action.  
 I shall whisper these things into my Soul until it breaks forth into  
 Songs of joy with the realization of It's limitless possibilities.*

*I Shall Assure My Soul!*

***Earnest Holmes***

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**CONTRIBUTION  
DEADLINES:**  
 SPRING: MARCH 15  
 SUMMER: JUNE 15  
 FALL: SEPT 15  
 WINTER: DEC 15

Submissions: Send text to the Editor in a Word document attached to an email. Send art and photos as a jpeg file attached to an email.

If you need a hard copy of the HUGS Catalog for your own use or to give to prospective students, contact the Registrar: [registrar@holosuniversity-edu.org](mailto:registrar@holosuniversity-edu.org)