

741: ENERGETIC HEALTHCARE APPLICATIONS (R)  
Spring 2010, March through July, 2010. Revised January, 2010  
Core Course (3 credits). Three-Day Residential plus Distance Assignments.

Instructors: P. Faith Nelson, PhD and Bernard Williams, PhD

#### INSTRUCTORS CONTACT INFORMATION

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#### COURSE DESCRIPTION

Energetic-Medicine uses the flow of energy in the body as a medium for healing, based on Biophysics, whereas conventional medicine is based primarily in Biochemistry using pharmaceuticals. The study and understanding of the energy of life has captured man's fascination since the dawn of civilization.

There are many forms of Energy Medicine from the more established forms such as Traditional Chinese Medicine, Acupuncture, Auriculotherapy, and Homeopathy, to the more subtle forms of Hands on healing, light and color therapy, Feung Shui, Aromotherapy, Crystal Healing and sound/voice remapping.

Using modern technology, Bioenergetics is growing fast and proving to be very effective and powerful mode of preventative health/healing. Assessments with electrodermal screening and therapies with Bioresonance are new technologies married to ancient principles. In this course, students explore techniques and technologies in energy medicine with hands on use, and survey the changing paradigm of health care. These changes are combining advancing technologies with a return to ancient traditions of healing, bringing the body back into balance.

#### COURSE TOPICS

- Aromatherapy
- Acupuncture and auriculotherapy
- Electrodermal screening
- Bioresonance therapies
- Light, sound and color therapy

- Sound/voice remapping
- Homeopathy
- Hands on healing
- Radionics
- Sound/Voice remapping
- Crystal healing
- Feung Shui

### COURSE OBJECTIVES

Students will:

- Identify the energetic applications scientifically validated for each topic
- Apply specific energetic principles in their lives or practice
- Identify principles of when to apply energetic therapies

### BRIEF NEED STATEMENT

Students working in the field of holistic and spiritual healing should understand the commonly applied and clinically successful energetic techniques and appreciate the needs for more research in these fields.

### AUDIENCE

Required for all Th.M. and Th.D. students.

### COURSE DELIVERY STYLE

This course is offered once a year as a three-day intensive residential experience, with additional practice and writing assignments.

### PLAN OF ACTION

1. Contact Marilyn McGehee to register for the 3-day Campus Week residential: Toll-Free 888-272-6109 (See Holos website Calendar for dates [www.holosuniversity.org](http://www.holosuniversity.org)).
2. Contact the Instructors and request the Assignment Supplement and Assignment Schedule (Due dates).
3. Complete Assignment #1, prior to attending the residential.
4. Attend and complete the residential component of the course.
5. Accomplish all practice and writing assignments and attend all conferences according to the Assignment Schedule

### FACULTY STUDENT COMMUNICATIONS

Frequent email communications between student and instructor should continue throughout the course. The phone conferences create an important collegial forum for sharing ideas. E-mail questions about schedules, credits, course content, and assignments can be emailed to Dr. Faith Nelson. All written assignments and conference calls are supervised by Dr. Nelson. Any additional telephone interaction, when required, is at the student's expense and can be arranged through email contact.

Faculty-Student Communications Policy

- Faculty and students are to keep one another informed if unable to communicate by E-mail or phone due to traveling or other extenuating circumstances.
- After the initial contact is made via an E-mail message, wait for three days for a response. If you have not received a response, retransmit your email and make telephone contact. Make sure to leave a voice message.
- If you have not received a response after two additional days, redirect your transmission to the Dean of Faculty. That means send the E-mail again and copy the Dean of Faculty on your E-mail. Make sure the transmission includes previous communication efforts.
- Any further action will be determined on an individual basis together with the Dean of Faculty.

## REQUIRED COURSE MATERIALS

Louise L. Hay, *You Can Heal Your Life*, 2<sup>nd</sup> ed. Hay House, 1984

Leonard Wisneski and Lucy Anderson, *The Scientific Basis of Integrative Medicine*, 2<sup>nd</sup> edition, CRC Press, 2009.

Supplemental bibliography provided by the instructors, as resources for Assignment 3 & Assignment 5.

## COURSE ASSIGNMENTS

Assignment 1:

Explore both Louise Hay's *You Can Heal Your Life*, & Wisneski and Anderson's *The Scientific Basis of Integrative Medicine*; to prepare your own multiple perspectives on healing.

Assignment 2:

Participate in the residential program during Campus Week.

Assignment 3:

After completing the classroom program, chose three of the modalities explored in the course for further experience. During a three month period, either practice these three modalities or experience these three modalites provided by another professional practitioner. Keep a journal of your experiences with these three modalities, and provide the instructors with a six page synopsis of your experience (due at the same time as Assignment 5).

Assignment 4: Participate in the monthly class conferences.

Assignment 5:

Write a 20 page paper, integrating what you learned from the residential course, your personal experiences with your chosen modalites, and reading from at least five sources chosen from the supplemental reading list.

FINAL ASSIGNMENT:

You will receive a course evaluation form at the end of the Semester.  
Complete and return the form. You will receive notification of your final course grades only after you have submitted an evaluation for this and all other courses you have completed this semester.  
Students who plan to take an Incomplete in a course must wait until finishing the course before filling out the form.

#### GRADE EVALUATION

To determine the course grade, the instructors will evaluate the course paper and Classroom and conference participation.

#### COURSE GRADING DETERMINANTS

Class participation in assignments 2 & 4 20%

Assignment 3 six page synopsis 30%

Assignment 5 twenty page integration paper 50%