

**SYLLABUS**  
**881- SACRED GEOMETRY: Shape, Form, and Healing Insights**  
**Distance Learning**  
**FACULTY: Rowena Kryder, PhD**  
**Date Revised: 6/15/10**

**COURSE DESCRIPTION**

The aim of this course is to inform students of their personal subtle energy or auric field and states of consciousness in order to come into greater spiritual, mental, emotional and physical wholeness. Students will explore many aspects of form and color as manifestations of higher fields of vibration. Taking five levels, students will: 1) Build models of Platonic forms and imagine how grids of different shapes transmit different types of energy; 2) Experience color as having a spiritual root and how different colors can be used for diverse needs; 3) Visualize “morphotypes” (such as radial, spiral, point, sphere) in their chakras, according to a diagnostic using the Co-Creation Code Deck; 4) Integrate color and form by creating symbols needed for wholeness and, 5) Create a holistic mandala from the symbols that assists the student in knowing how soul leads personality. Assignments are highly experiential and include descriptive papers and simple drawings that reference their use of the information

**FACULTY BIOGRAPHY**

Rowena Pattee Kryder received her Ph.D. in comparative religions from Union Institute in 1985 and her master of fine art from the University of Oregon in 1962. She is the author of thirteen published books, among them *Sophia's Body*, *Vibrational Healing Cards* and *Sacred Ground to Sacred Space*. She is the founder of Creative Harmonics Institute which had a center in Mount Shasta, California for twelve years (1986 to 1998). She was chair of art and creativity at the California Institute of Integral Studies in San Francisco and has taught many workshops in harmonics, sacred space, Gaia Matrix Oracle, archetypal consciousness, vibrational healing, and sacred geometry. Currently she is teaching workshops in New Mexico, near Albuquerque.

**FACULTY CONTACT INFORMATION**

Faculty:

E-mail Address: [rowena@creative-harmonics.org](mailto:rowena@creative-harmonics.org)

Website: <http://www.creative-harmonics.org/>

Phone Number: (505) 286 2714

Address: 12 Canyon Hills, Edgewood, NM 87015

**Conference Call #: - Access Code:**

**COURSE DELIVERY STYLE & PLAN OF ACTION**

This course is an All-Distance course. The instructor and students will communicate by email and telephone conference. Students will both create art and forms and integrate this direct experience with the reading materials by writing referenced papers. **PLAN OF ACTION:**

- Visit the instructor’s website and become familiar with her work.
- Contact your instructor by email at the beginning of the semester to let her know about yourself and to ask any questions you have.
- Gather together the required textbooks and materials.
- Check the Due dates of assignments and devise a plan to finish assignments by this date.
- Work with the instructor to establish the date and time of the Conference Call.

## LEARNING OUTCOMES

### Students will:

- Discuss the range of colors and functions of the auric field;
- Compare perception to a holographic model;
- Differentiate the functions of different forms (morphotypes);
- Discuss the language of color and form in terms of qualities to be used in healing;
- Learn experientially by compiling a personal journal of cards selected for given questions, and reflections of meaning to the student;
- Perform daily practices that help keep one's awareness on how color and form can be used for healing;
- Discover and draw symbols that speak to the heart and essence of the student;
- Assess the functions of at least 12 morphotypes and a spectrum of colors in relation to healing. Practice creating and performing daily exercises that shift you toward letting soul lead and personality follow.
- Build the forms of the five Platonic forms.
- Create a mandala, using symbols derived from journals, use of cards and studies.
- Integrate your experience into a unified whole, using color and form.

### Required Materials: (Please list source of supply for each)

PDF of Rowena Kryder's text on Sacred Geometry (which will be emailed to each student)

Co-Creation Code Deck by Rowena Kryder; available from [www.creative-harmonics.org](http://www.creative-harmonics.org) or from Amazon.com

Sophia's Body: Seeing Primal Patterns in Nature by Rowena Kryder; available from [www.creative-harmonics.org](http://www.creative-harmonics.org) or from Amazon.com

Vibrational Healing Cards by Rowena Pattee Kryder; available from [www.creative-harmonics.org](http://www.creative-harmonics.org) or from Amazon.com

Zome kits: (Zome System Explorer, or ZomeTool Creator 2 or 3 Zome Kit) available from [www.naturestapestry.com/zomesystems.html](http://www.naturestapestry.com/zomesystems.html)

### Texts: (Please list publisher and source of supply (Like Amazon, etc))

The Alchemy of Healing, Psyche and Soma by Edward C. Whitmont, North Atlantic Books, Berkeley, California, 1993

Rhythms of Vision by Lawrence Blair, Schocken books, New York, 1976

Field, Form and Fate by Michael Conforti, Spring Publications, Inc, Woodstock, Connecticut, 1999

## HOLOS FACULTY-STUDENT COMMUNICATIONS POLICY

Students and instructor communicate frequently via email, and phone conferences create a collegial forum for sharing ideas among class participants. Telephone conferences and calls with instructors are the student's expense. Faculty should inform students of any times that they are not available for email or phone communication. Students should inform instructors if they will not be available for scheduled phone conferences. Students should allow three days for a response after emailing an instructor. If you have not received a response after three days, re-send the email, call the instructor and leave a voice message. If you have still not received a response after two more days, forward your email communications with the instructor to the Dean of Faculty. Further action will be determined by the Dean of Faculty.

### ASSIGNMENT FORMATS

- All written assignments must be **Microsoft Word** documents sent by email as attached files.
- All papers should be **double-spaced**.
- **FONT:** Times or Times New Roman.
- **E-MAIL SUBJECT LINE:** Always include your name and the Assignment number in the subject line of your E-mail and on the title page of your assigned papers.
- **END NOTES:** All referenced material must be cited using endnotes. Include the Author's name, the publication name, the publisher, the date of publication, and the page number.
- **FILE NAME:** **When you “save” your document**, you **MUST** use the following format to name your Word file: Or your file will be returned so that you can add the proper file name and format: The document you attach to your e-mail should be in the following format:

**SmithJ\_887#1.doc. (Last Name, First Initial\_Course #, Assignment#.doc)** Use Times, Times New Roman, or Helvetica fonts, 12 pt. and cite all referenced material using *Chicago Manual of Style* endnotes.

### OUTLINE OF ASSIGNMENTS & PERCENTAGE OF COURSE

<b>#1: Experiencing Color and Form</b>	<b>15%</b>
<b>#2: Healing with Color and Form</b>	<b>30%</b>
<b>#3: Geometric Models</b>	<b>15%</b>
<b>#4: Art Work: Preparatory Mandala</b>	<b>10%</b>
<b>#5: Art Work: Final Mandala</b>	<b>15%</b>
<b>Phone Conference:</b>	<b>15%</b>

### DETAILS OF ASSIGNMENTS

#### ASSIGNMENT #1

**Assignment # 1: Experiencing Color and Form.**

**Due Date: October 15, 2011**

**Percentage of Grade: 15%**

**Learning Outcomes of Assignment:** Differentiate the functions of different forms (morphotypes); Understand the language of color and form in terms of qualities to be used in healing; Learn experientially by compiling a personal journal of cards selected for given questions, and reflections of meaning to the student; Perform daily practices that help keep one's awareness on how color and form can be used for healing; Discover and draw symbols that speak to the heart and essence of the student.

**Required Texts and/or Materials:** The Alchemy of Healing, The Co-Creation Code Deck, Vibrational Healing Cards, Sophia's Body.

**Assignment Description:** Use the Co-Creation Code Deck and keep a journal of your questions and Code Deck readings. Notice which morphotypes you tend to pick. Reading The Alchemy of Healing, how might forms help you become more whole? Practice creating and performing daily exercises that shift you toward letting soul lead and personality follow. Write a 5 to 10 page paper on how you can use color and form in healing, giving your journal experience, listing the cards you picked for various questions, the morphotypes involved, and your reflections on your daily practices.

## ASSIGNMENT #2

### **Assignment # 2: Healing with Color and Form.**

**Due Date: January 15, 2011**

**Percentage of Grade: 30%**

**Learning Outcomes of Assignment:** Discuss the range of colors and functions of the auric field; Compare perception to a holographic model; Differentiate the functions of different forms (morphotypes); Understand the language of color and form in terms of qualities to be used in healing; Learn experientially by compiling a personal journal of cards selected for given questions, and reflections of meaning to the student; Perform daily practices that help keep one's awareness on how color and form can be used for healing; Discover and draw symbols that speak to the heart and essence of the student.

**Required Texts and/or Materials:** The Alchemy of Healing, The Co-Creation Code Deck, Vibrational Healing Cards, Sophia's Body, Rhythms of Vision, Field, Form and Fate.

**Assignment Description:** Assess the functions of at least 12 morphotypes and a spectrum of colors in relation to healing. Practice creating and performing daily exercises that shift you toward letting soul lead and personality follow. Write a 10 to 20 page paper on how you can use color and form in healing, giving your journal experience, listing the cards you picked for various questions, the morphotypes involved, and your reflections on your daily practices. Expand on what you did in assignment #1. Give as many specifics as possible so that someone reading it would know how to use color and form in healing.

## ASSIGNMENT #3

### **Assignment #3: Geometric Models**

**Due Date: October 20, 2011**

**Percentage of Grade: 15%**

**Learning Outcomes of Assignment:** Build models of the five Platonic forms.

**Required Texts and/or Materials:** Zome Kits and the PDF of Rowena Kryder's work on Sacred Geometry.

**Assignment Description:** Using the Zome kits build first a Cube, then a Tetrahedron and Octahedron. If you can't build a particular form with the Zome Kit, indicate what Zome pieces or angles are missing. Then build the form with straws or sticks! Build the Icosahedron and Dodecahedron. Take a picture of what you have built and send to the instructor via email.

## ASSIGNMENT #4

### **Assignment #4 Art Work: Preparatory Mandala.**

**Due Date: November 10, 2010**

**Percentage of Grade: 10%**

**Learning Outcomes of Assignment:** Reflect on the meaning and significance of your experience, and picture your experience in form and color, or use symbols. Create a mandala, using symbols derived from journals, use of cards and studies. Discuss the language of color and form in terms of qualities to be used in healing. Discover and draw symbols that speak to your heart and essence. Integrate your experience into a unified whole, using color and form. This assignment will be more sketches and ideas. Instructor will give feedback.

**Required Texts and/or Materials:** paper and colors. You can use colored pencils, crayons, paint or whatever suits you.

**Assignment Description:** Create a Mandala for your own wholeness, using images, symbols, form and color, showing four directions and what they mean to you. You can use sketches, words, symbols.

## ASSIGNMENT #5

**Assignment #5 Art Work: Final Mandala.**

**Due Date: January 15, 2011**

**Percentage of Grade: 15%**

**Learning Outcomes of Assignment:** Reflect on the meaning and significance of your experience, and picture your experience in form and color, or use symbols. Create a mandala, using symbols derived from journals, use of cards and studies. Discuss the language of color and form in terms of qualities to be used in healing. Discover and draw symbols that speak to your heart and essence. Integrate your experience into a unified whole, using color and form.

**Required Texts and/or Materials:** paper and colors. You can use colored pencils, crayons, paint or whatever suits you.

**Assignment Description:** Create a Mandala for your own wholeness, using images, symbols, form and color, showing four directions and what they mean to you. Describe how the mandala might be used in a ritual healing.

## PHONE CONFERENCE

**Phone number: 605-715-4900**

**Access Code: 269 417#**

**Date and Time:** The date and time will be decided once the class is underway

**Percentage of Grade: 15%**

**Required Texts and/or Materials:** All texts required and suggested

**Description of Conference:** Ask and answer questions on your understanding of the reading materials and your thoughts on how you can use form and color in healing. Dialogue with the instructor on how you intend to use what you are learning.

**Learning Outcomes of Conference:** Answer questions and share insights about how form and color are part of our field of influence every day.

## FINAL ASSIGNMENT:

Complete and return the course evaluation form you will receive a course evaluation form in August and February. You will receive notification of your final course grades only after you have submitted an evaluation for all courses you completed this semester. Students who plan to take an Incomplete in a course must wait until finishing a course before returning the evaluation form for the course.

## ADDITIONAL INFORMATION FOR THIS COURSE

The world of form and color is integral to healing. There is a naive notion that creating art is only for artists. This course asks each participant to enter into the mystical experience of creating and experiencing the healing aspects of form, color and sacred geometry.