

SYLLABUS
850: PRINCIPLES AND LAWS OF PSYCHIC ENERGIES
Distance Learning
FACULTY: Robert Leichtman, MD
Date Revised: 7/15/10

COURSE DESCRIPTION

Students will learn about the principles and laws that govern psychic energies and how we can experience unnecessary moodiness and confusion when we are exposed to the toxic thoughts and feelings of others. Students will learn about how to detect when they are being manipulated by the psychic energies of others, how to protect themselves from these influences, and how to repair the damage. This class is designed to acquaint the student with common but often unrecognized, subtle influences of the psychic energies about us—especially as they relate to our involvement in counseling and healing. The student will learn that the knowledge and skills that they bring to an engagement with those for whom they are acting as a spiritual counselor can make a huge difference in the net impact they have on those who seek counsel as well as the influence of these encounters on themselves. The student will learn that there are better methods of protection than avoidance and better methods of repair of the damage than rest.

FACULTY BIOGRAPHY

As a specialist in internal medicine, Dr. Leichtman has worked in the area of intuitive diagnosis and counseling for over thirty years. He is the author of over thirty books. He writes and frequently lectures on topics of personal creativity, intuition, spirituality, and the psychology of health. He has been active since 1976 as the co-director of the New Life Clinic, a religious healing service founded by Olga Worrall.

FACULTY CONTACT INFORMATION

Faculty Name: Robert Leichtman, M.D.
E-mail Address: rleichtmanmd@yahoo.com
Phone Number: 410-323-3290
Address: P.O. Box 6891 Baltimore, MD 21285

COURSE DELIVERY STYLE & PLAN OF ACTION

This is a nonresidential course that will require the student to study three major texts on the topic of psychic energies and the laws that govern their use. The major emphasis will be to relate this information to real world experiences, especially the counseling and healing work that we might do with clients. This will require personal observation and analysis about the subtle aspects of how we are affected by differing psychological situations and the aftereffects of these exposures. This might include the suppression of awareness or concern as well as the exaggeration or pollution of key attitudes and beliefs. Competency will be demonstrated by the completing of writing assignments, participation in individual phone calls, and ability to describe the basic laws that govern psychic energies.

LEARNING OUTCOMES

Students will:

- List and discuss the several varieties of psychic energies that can be projected.
- Explain how these psychic energies can affect our attitudes, thinking, decisions, and behavior for better or worse
- Discuss how to assess the specific vulnerabilities of clients (or self) to the toxic psychic energies of others.

- Describe the differences between the effects on them by a psychic vampire versus an ordinary, boring person.
- Design a procedure to sustain a healthy state of mind and mood while working with hostile and other types of toxic people.
- Explain how psychic self-sabotage and the misuse of the laws that govern psychic energies are often part of common states of mental illness. This includes the influence of mass consciousness.
- Research and discuss the differences between mental illness and being a victim of psychic vandals.
- Compile a set of procedures to repair apparent damage to themselves after exposure to toxic people or groups. Students will also be able to explain to others how to reduce psychic self-sabotage by applying the right use of the laws of psychic energies.

Required Materials and Texts:

1. *Psychic Vandalism* by R. Leichtman, M.D.
2. *The Revelation of Light* by R. Leichtman, M.D. & Carl Japikse. Both of these books are available from Ariel Press, 88 North Gate Station Dr. # 106; Marble Hill, GA 30148
3. *Battling Dark Forces* by Torkom Saraydarian—available at Amazon Books

HOLOS FACULTY-STUDENT COMMUNICATIONS POLICY

Students and instructor communicate frequently via email, and phone conferences create a collegial forum for sharing ideas among class participants. Telephone conferences and calls with instructors are the student's expense. Faculty should inform students of any times that they are not available for email or phone communication. Students should inform instructors if they will not be available for scheduled phone conferences. Students should allow three days for a response after emailing an instructor. If you have not received a response after three days, re-send the email, call the instructor and leave a voice message. If you have still not received a response after two more days, forward your email communications with the instructor to the Dean of Faculty. Further action will be determined by the Dean of Faculty.

ASSIGNMENT FORMATS

- All written assignments must be **Microsoft Word** documents sent by email as attached files.
- All papers should be **double-spaced**.
- **FONT:** Times or Times New Roman.
- **E-MAIL SUBJECT LINE:** Always include your name and the Assignment number in the subject line of your E-mail and on the title page of your assigned papers.
- **END NOTES:** All referenced material must be cited using endnotes. Include the Author's name, the publication name, the publisher, the date of publication, and the page number.
- **FILE NAME:** When you "save" your document, you MUST use the following format to name your Word file: Or your file will be returned so that you can add the proper file name and format: The document you attach to your e-mail should be in the following format:

SmithJ_887#1.doc. (Last Name, First Initial_Course #, Assignment#.doc) Use Times, Times New Roman, or Helvetica fonts, 12 pt. and cite all referenced material using *Chicago Manual of Style* endnotes.

OUTLINE OF ASSIGNMENTS & PERCENTAGE OF COURSE

Assignment #1: Read and write report on two of the major texts	25%
Assignment #2: Write report on protecting self from toxic influences	25%
Assignment #3: Individual telephone conference	20%
Assignment #4: Write report on relationship of mental illness to psychic vandalism	30%

DETAILS OF ASSIGNMENTS

Semester begins: September 13. Semester ends: January 28

ASSIGNMENT #1

Due Date: By Monday, October 18th

Percentage of Grade: 25%

Learning outcomes of assignment: Students will write a paper in which they:

- List and discuss the several varieties of psychic energies that can be projected.
- Explain how these psychic energies can affect our attitudes, thinking, decisions, and behavior for better or worse.
- Discuss how to assess the specific vulnerabilities of clients (or self) to the toxic psychic energies of others.

Required Texts: *Psychic Vandalism* by R. Leichtman, M.D. & *The Revelation of Light* by R. Leichtman, M.D. & Carl Japikse.

Assignment Description:

Read *Psychic Vandalism* and all of *Battling Dark Forces* and *Revelation Of The Light* and write a 10-page paper summarizing the nature of psychic forces and how they might affect us for better or worse. Give special emphasis to detecting individual vulnerabilities to toxic psychic energies and the signs and symptoms of these disturbances.

ASSIGNMENT #2

Due Date: By Monday, November 22nd

Percentage of Grade: 25%

Learning outcomes of assignment: Students will:

- Describe the differences between the effects on them by a psychic vampire versus an ordinary, boring person.
- Design a procedure to sustain a healthy state of mind and mood while working with hostile and other types of toxic people.

Required Texts: Add 3rd text: *Battling Dark Forces* by Torkom Saraydarian

Assignment Description:

Write a 10-page paper summarizing the major new insights you have learned stressing your personal experience with toxic psychic energies and your vulnerabilities to them. Utilizing the intelligent use of the laws that govern psychic energies, explain how you could apply them to protect yourself from negative psychic energies. What procedures would you use to repair possible damage?

ASSIGNMENT #3

Due Date: By Monday, January 10th

Percentage of Grade: 30%

Learning outcomes of assignment: Students will write a paper in which they:

- Research and discuss the differences between mental illness and being a victim of psychic vandals.
- Compile a set of procedures to repair apparent damage to our self after exposure to toxic people or groups.

Required Texts: All three texts

Assignment Description:

Research the differences between mental illness and being a victim of psychic vandals. Write a 10-page paper discussing psychic health and your concept of the relation between toxic psychological energies (psychic vandalism) and mental health. Discuss the similarities between psychological self-sabotage and being a victim of psychic vandalism. Include recommendations for prevention and treatment of these situations

PHONE CONFERENCE #1

Phone number: 410-323-3290. This call will be set up as an individual call for each student for confidentiality purposes.

Access Code: 269 417#

Date and Time: To be arranged by Dr. Leichtman in consultation with each student (Approximately at the half-way point of class).

Percentage of Grade: 20%

Learning Outcomes of Conference:

- Describe and discuss a set of procedures to repair apparent damage to themselves after exposure to toxic people or groups.
- Students will also be able to explain to others how to reduce psychic self-sabotage by applying the right use of the laws of psychic energies.

Required Text: *Psychic Vandalism* by R. Leichtman, M.D.

Description of Conference: A one-hour conference call for each student to discuss progress and ask questions relating to the course thus far. We will entertain questions about repairing damage of exposure to toxic people or groups. Students will also demonstrate an understanding about reducing psychic self-sabotage and the application and right use of the laws of psychic energies.

FINAL ASSIGNMENT:

Complete and return the course evaluation form you will receive a course evaluation form in August and February. You will receive notification of your final course grades only after you have submitted an evaluation for all courses you completed this semester. Students who plan to take an Incomplete in a course must wait until finishing a course before returning the evaluation form for the course.