

SYLLABUS
842: PERSONAL INTUITION
Distance Learning
FACULTY: Marcia Emery, PhD
Date Revised: 6/15/10

COURSE DESCRIPTION

Students will complete an in depth study of intuition exploring a variety of techniques for intuitive development. In addition, students will delve into the many personal blocks that prevent their natural intuitive ability. The course includes personalizing one's own style of intuition. Practical applications of intuition will be explored through a variety of intuitive exercises. An important focal point of the course is learning how to listen to and trust non-judgmental intuition that contrasts to the subjective ego-based emotions driven by wishful thinking, fear, projection and stress. Intuitive dream work will also be featured as students discover how to use intuition to retrieve, respect and listen to the intuitive insights embedded in their dreams. Note: Offered in the Spring Semester only

FACULTY BIOGRAPHY

Dr. Marcia Emery has led a magical life, from being a pioneer in the field of applied intuition, and a traditional psychologist, consultant, and college lecturer to stepping out into the world of parapsychology, where she blends the study of intuition and dreams in her books and in the college classroom. She is the author of three books with the latest being *PowerHunch!: Living an Intuitive Life*. Dr. Emery received her Doctorate in Psychology from the New School for Social Research in 1968. She has served on the faculty of University of Philosophical Research, Energy Medicine University, Kaiser Institute Program for Intuition, Holmes Institute, and several other colleges. Under a grant from Life Science Foundation she developed course materials for teaching intuitive skills, research, writing and developing Intuition Network study groups. Active in the field of dreams, she was one of the three experts on the groundbreaking three hour mini-series, "Dream Decoders" and is a former Board Member of the International Association for the Study of Dreams.

FACULTY CONTACT INFORMATION

Faculty Name:	Marcia Emery, Ph.D.
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COURSE DELIVERY STYLE & PLAN OF ACTION

This distant learning course emphasizes how your intuitive nature is embedded in everything you do. Dr Marcia's comments on your assignments and the group email discussions are intended to heighten awareness about any facet of the intuitive process. A conference call during the semester will help clarify assignments and allow students to share their intuitive development process.

Students may proceed as follows:

1. Contact the Instructor by email
2. Obtain the required textbooks
3. Read the Syllabus and note Assignment descriptions and due date. If clarification is needed, contact your Instructor.
4. Submit all of your assignments in a timely manner using the Assignment Schedule as a guide. If there are any problems meeting due dates, contact your Instructor.

LEARNING OUTCOMES

Students will:

- Articulate their understanding of intuition by identifying how “hunches,” “gut feelings,” and other intuitive feelings show up in their lives.
- Demonstrate an ability to elicit intuition regularly and reliably.
- Describe how the PowerShift Method can be used to shift consciousness from the logical to the intuitive mind.
- Demonstrate an understanding of and respect for the serendipitous connections.
- Demonstrate increasing insight into people’s character and motivation.
- Interpret dreams using the intuitive dream interpretation method.
- Use intuition in the service of becoming a more authentic person.
- Demonstrate the ability to take actions that once appeared fearful or fanciful.
- Listen to the memory triggers that unveil valid intuitive information.
- Develop a daily practice (meditation, keeping a diary, and recording dreams, etc) to strengthen intuition.
- Articulate the difference between intuition and the judgmental culprits or ego based emotional intruders driven by wishful thinking, fear, projection and stress.

Required Materials and Texts:

1. Emery, Marcia. *PowerHunch*. Hillsboro. OR: Beyond Words, 2001. Available from Instructor and Online.
2. Emery, Marcia. *The Intuitive Healer*. New York: St. Martins, 1999. Available from Instructor and Online.
3. Emery, Marcia. *Intuition Workbook*. Paramus, New Jersey: Prentice Hall, 1994. Available from Instructor half price and Online. Note: Marcia Emery’s three books can be purchased from her for \$60 which includes postage. Make your check out to: Marcia Emery, Ph.D. and send to: 1502 Tenth Street, Berkeley, CA. 94710
4. Guiley, Rosemary. *The Dreamer's Way*. New York: Berkley Books, 2004. Available online.
5. Peirce, Penney. *The Intuitive Way*. Tulsa OK: Council Oak Books, 2005. Available online.
6. Robinson, Lynn. *Divine Intuition*. New York: Kindersley, 2004. Available online.

HOLOS FACULTY-STUDENT COMMUNICATIONS POLICY

Students and instructor communicate frequently via email, and phone conferences create a collegial forum for sharing ideas among class participants. Telephone conferences and calls with instructors are the student’s expense. Faculty should inform students of any times that they are not available for email or phone communication. Students should inform instructors if they will not be available for scheduled phone conferences. Students should allow three days for a response after emailing an instructor. If you have not received a response after three days, re-send the email, call the instructor and leave a voice message. If you have still not received a response after two more days, forward your email communications with the instructor to the Dean of Faculty. Further action will be determined by the Dean of Faculty.

ASSIGNMENT FORMATS

- All written assignments must be **Microsoft Word** documents sent by email as attached files.
- All papers should be **double-spaced**.
- **FONT:** Times or Times New Roman.
- **E-MAIL SUBJECT LINE:** Always include your name and the Assignment number in the subject line of your E-mail and on the title page of your assigned papers.
- **END NOTES:** All referenced material must be cited using endnotes. Include the Author's name, the publication name, the publisher, the date of publication, and the page number.

- **FILE NAME:** When you “save” your document, you MUST use the following format to name your Word file: Or your file will be returned so that you can add the proper file name and format: The document you attach to your e-mail should be in the following format:

SmithJ_887#1.doc. (Last Name, First Initial Course #, Assignment#.doc) Use Times, Times New Roman, or Helvetica fonts, 12 pt. and cite all referenced material using *Chicago Manual of Style* endnotes.

OUTLINE OF ASSIGNMENTS & PERCENTAGE OF COURSE

Assignment #1:	Six Book Reviews	40%
Assignment #2:	Yes/No Button Activation	10%
Assignment #3:	PowerShift Application	10%
Assignment #4:	Dream Analysis	10%
Assignment #5:	Course Integration Paper	30%

DETAILS OF ASSIGNMENTS

ASSIGNMENT #1

Due Date: Book 1-March 18; Book 2- April 8, Book 3-April 22, Book 4- May 13, Book 5-May 27, Book 6 - June 10

Percentage of Grade: 40%

Learning Outcomes of Assignment - Students will:

- Articulate their understanding of intuition by identifying how “hunches,” “gut feelings,” and other intuitive feelings show up in their lives.
- Develop a daily practice (meditation, keeping a diary, and recording dreams, etc) to strengthen intuition.
- Articulate the difference between intuition and the judgmental culprits or ego based emotional intruders driven by wishful thinking, fear, projection and stress.
- Demonstrate an understanding of, and respect for, the serendipitous connections.
- Demonstrate increasing insight into people’s character and motivation.

Required Texts and/or Materials: All the Required Books

Assignment Description: Read all of the required texts and write a two - four page critique (double spaced) of each book. Emphasize the strengths and weaknesses as well as what you learned from your reading and doing the exercises. Submit this to instructor for comment. You may include one or two personal examples to underscore your points.

ASSIGNMENT #2

Due Date: June 3

Percentage of Grade: 10%

Learning Outcomes of Assignment - Students will:

- Demonstrate the ability to listen to the memory triggers that unveil valid intuitive information.
- Listen to the memory triggers that unveil valid intuitive information.

Required Texts and/or Materials: Review *PowerHunch*, Chapter 1

Assignment Description: Use your intuition to activate your yes/no button to answer *five* questions. You already have the right answer inside — all you have to do is listen, shut out the outer noise and hear the intuitive mind respond with a “yes” or “no.” Practice with small questions first like: Is this the night to stay at work a little longer? Is it best to cook dinner at home tonight? And then, onto more nagging core questions like: Would the new business venture with my brother-in-law be beneficial? The type of answer you first receive will correspond to your strongest sensory modality. Review how to tap into your PowerHunch source in Chapter One of *PowerHunch!* Here’s a hint: Suppose you ask, “Should I consider this career change? Do

you *hear* a Yes? Do you like the *feel* of the job title? Do you have a good *taste* in your mouth? Can you *see* yourself flourishing in this new capacity? Can you *smell* success?

ASSIGNMENT #3

Due Date: June 17

Percentage of Grade: 10%

Learning Outcomes of Assignment - Students will:

- Describe how the PowerShift Method can be used to shift consciousness from the logical to the intuitive mind.

Required Texts and/or Materials: *PowerHunch*-Chapter 3; *Intuitive Healer* - Chapter 5; *Workbook* - Chapters 3-7.

Assignment Description: Apply the Powershift (also called the Mindshift and Intuitive Problem Solving Formula) to two issues in your life. The focus can be on work, relationships, health, family or everyday decision making. In a paper, specify what you did for each step of the Mindshift.

ASSIGNMENT #4

Due Date: July 1

Percentage of Grade: 10%

Learning Outcomes of Assignment - Students will:

- Interpret dreams using the intuitive dream interpretation method.

Required Texts and/or Materials: *PowerHunch*-Chapter 5; *Intuitive Healer* - Chapter 4; *Workbook* - Chapter 9.

Assignment Description: Each night for two weeks *program* a dream, using the techniques described by **Emery, Peirce, or Guiley**. *Interpret* at least two or three dreams using **Emery's DreamShift Process** (See *PowerHunch!* for this process) and submit a paper.

ASSIGNMENT #5

Due Date: July 15

Percentage of Grade: 30%

Learning Outcomes of Assignment - Students will:

- Use intuition in the service of becoming a more authentic person.
- Demonstrate the ability to take actions that once appeared fearful or fanciful.

Required Texts and/or Materials: Draw on all the texts

Assignment Description: Write a 15 - 20 page paper which is a personal critique of what you have learned and experienced in this course. Describe your intuitive processes and note which tool(s) have been most effective for enhancing your intuition

PHONE CONFERENCE

Date and content to be decided during the semester

FINAL ASSIGNMENT:

Complete and return the course evaluation form you will receive a course evaluation form in August and February. You will receive notification of your final course grades only after you have submitted an evaluation for all courses you completed this semester. Students who plan to take an Incomplete in a course must wait until finishing a course before returning the evaluation form for the course.