

Dr. Patrick Porter

Patrick Porter, Ph.D. is an award-winning author, consultant, entrepreneur, and speaker. With 30+ years of experience operating the world's largest self-help franchise, *Positive Changes*, headquartered in Virginia Beach, VA. He has become a highly sought-after expert within the personal improvement industry. Dr. Porter's successes were featured in: The Wall Street Journal; People; BusinessWeek; INC; Entrepreneur; ABC; NBC; CBS; the Discovery Channel; and the Sally Jesse Raphael Show. He is the author of the bestselling book, "Awaken the Genius, Mind Technology for the 21st Century", which was awarded "Best How-To Book of 1994" by the North American Book Dealers Exchange. He is also the author of "Discover the Language of the Mind" and "Six Secrets of G.E.N.I.U.S."

Dr. Porter has personally created over 400 audio-recorded motivational messages and [creative visualization](#) processes. He is the creator of ZenFrames – a portable achievement device that uses glasses and encoded visualization recordings to deliver pulses of light and sound that simulate relaxed brainwave frequencies.^u The device helps users with weight loss, stress management, [smoking cessation](#), overcoming child abuse, and more.